# M2 Next Level Training and Consulting

Our passion to offer high quality training and consulting that will empower those of all ages and backgrounds. We deliver information to assist individuals and companies to meet their individual goals.

M2 Next Level Training and Consulting P.O. Box 694 La Vergne, TN 37086

Monica McLaurine

Recipient Name Address City, ST ZIP Code

# M2 Next Level Training and Consulting

Training and consulting designed with you in mind.





# Meet Monica

Monica McLaurine is the T.O.T.A.L. Coordinator with the Nashville Public Library's T.O.T.A.L program. She is nationally known and has

presented workshops in several National Bullying Conferences across the country. In her over 10 years of experience in dealing with bullying, her desire is to challenge traditional ways of dealing and coping with bullying. Also during her tenure as the T.O.T.A.L. Coordinator, T.O.T.A.L. was named the recipient of three national awards. One of the most prized awards is 2014 National Anti-Bullying Recognition Award from the School of Safety Advocacy Council.

Currently, Monica published her first book, Becoming Comfortable In My Own Skin. The Journey to Loving Me. Her hope is to inspire others to live healthier, and be persistent in accomplishing their individual goals. She also addresses her personal experience in dealing with bullying throughout her school years and how the effects bullying carried over in to her adult life. She is currently working on her second book expected to be released April 2018.

# Services Provided

Bullying

Social Media

Leadership Development

Self-Esteem Renewing

Conflict Resolution

Team Building

Consulting

Motivation Speaking

Life Coach

# Monica's Experience

Monica has over 18 years of experience in facilitation and over 12 years' experience in dealing with bullying and its effects. She is also a nationally-known speaker and facilitator.

### Our Promise

All workshops/presentations will be individually designed for your specific needs.

### Past Conferences

- National Girl Bullying Conference
- National School of Bullying Conference
- Parent University
- Alignment Nashville

## Contact Us

Monica McLaurine

M2 Next Level Training and

Consulting

P.O. Box 694 La Vergne, TN 37086

615-545-1993

monica@mmclaurine.com

monicamclaurine.com